

## Resheto – Решето

(Western Ukraine)

This dance is from the Hutsul region of Ukraine and is a typical folk style dance. The dance was choreographed by George and Irina Arabagi. The title “Reshet” means “sieve.”

Pronunciation: reh-sheh-TOH

Music: 4/4 meter *Ukrainian Dance Workshop, Track 8*

Formation: Cpls face CCW in a circle, free arms at sides. M and W do same footwork.

Steps & Styling: Walking Fours: Step R (ct 1); L (ct 2); R (ct 3); step L with L knee bend, raising R knee at 45 degrees R ft next to L leg (ct 4).

<u>Meas</u>	<u>4/4 meter</u>	<u>Pattern</u>
8 meas	<u>INTRODUCTION</u> . No action.	
I.	<u>WALKING FOURS</u>	
1-3	Dance three Walking Fours moving CCW.	
4	Do one Walking Four turning individually 180 degrees. M turns CW facing his partner; W turns CCW facing her partner.	
5-8	Repeat meas 1-4 moving CW.	
II.	<u>SIDE-STEPS AND TURN-AROUND</u>	
1	Individually, step R to R turning to face ctr, W behind M (ct 1); step L next to R (ct 2); step R to R (ct 3); touch L next to R, bending knees and turning to face out, M behind W (ct 4). M and W hold inside hands.	
2	Facing out, step L to L (ct 1); step R next to L (ct 2); step L to L (ct 3); touch R next to L bending knees and turning individually to face ctr (ct 4).	
3-4	M and W release hands. Do two Walking Fours, making a full turn CW.	
5-6	Repeat meas 1-2.	
7-8	M and W release hands. Two Walking Fours, making 1¼ turn CW to face LOD.	
III.	<u>SIDE STAMPS</u>	
1	Facing CCW and moving away from ctr, heavy step R to R (ct 1); drag L toe next to R, bending knees (ct 2); repeat cts 1-2 (cts 3-4).	
2	Heavy step R to R (ct 1); step L next to R (ct 1); heavy step R to R (ct 3); stamp L in front of R (ct 4), head moving to R.	
3-4	Repeat meas 1-2 with opp ftwk and direction.	
5-8	Repeat meas 1-4.	

IV. WOMAN'S TURNS

- 1-3 M's L arm extending fwd and supporting W's L arm and M's R arm raised above W's head and holding W's R arm, do three Walking Fours, moving CCW.
- 4 One Walking Four. W turns a complete circle CW with R hand still raised holding the M's R hand, W's L hand moves to hip, continues to move fwd CCW.
- 5-8 Repeat meas 1-4. End facing CCW with inside hands joined and down.

Sequence: Fig I, Fig II, Fig III, Fig IV – twice.

Presented by George & Irina Arabagi